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INDOOR SWIMMING POOL

Natural spring water from the grounds at Rudding Park filtered through an ultraviolet system to provide crystal clear water.

JUNIPER LOG SAUNA

Warm environment. Dry heat.

A juniper log wall provides natural aromas for the sauna, and offers direct access to the outdoors for fresh air following the thermal experience.

Juniper essential oil promotes and improves blood circulation, helps overcome fatigue, removes toxins from the body and can relax muscle cramps.

RASUL

A traditional Moorish mud treatment experience, which takes place in a private space for two to four guests per session. (Pre-booking is essential.)

LIFESTYLE AND GIFT SHOP

Spa products alongside a selection of home, travel and gift items.

MANICURE, PEDICURE AND MAKEUP BAR

The perfect solution for a shape and polish, a complete nail overhaul or makeup to ensure you look your best from top to toe. Easily accessible from Spa Reception. Brands include Essie nail product range and Mii makeup.

HAIRDRESSER

Whether you are looking for regular hair maintenance, the perfect finish to a spa day or 'special occasion hair', a team of stylists and technicians are on hand to provide expert advice and create your look. Products by Kerastase and L'Oreal Professional Colouring.

HORTO CAFE

Stay in your robe and relax with a drink or bite to eat

FEATURE STAIRCASE

Access to Treatment Rooms, Roof Top Spa and Spa Garden.